# Higgs field in cosmology

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# Cosmic history



#### The Friedmann universe on one slide

Cosmological principle: universe homogeneous and isotropic on large scales Line element of a flat FLRW universe with scale factor a(t):

$$ds^{2} = g_{\mu\nu}(x)dx^{\mu}dx^{\nu} = -dt^{2} + \frac{a^{2}(t)}{a^{2}} \left[ dx^{2} + dy^{2} + dz^{2} \right]$$

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Friedmann equations for EM tensor of a perfect fluid and equation of state:





# Isotropic cosmic microwave background (CMB)

Surface of last scattering: CMB photons were released



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Isotropic microwave radiation: perfect black body spectrum





# Horizon problem and inflation

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Inflation: CMB radiation observed today originates from the same causal patch. Accelerated expansion  $\ddot{a}/a = -\frac{\kappa\rho}{6}(1+3\omega) > 0$  requires  $\omega \leq -1/3$ Cosmological constant ( $\omega = -1$ )  $\rightarrow$  exponential expansion  $a(t) = e^{Ht}$ 

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Dynamical mechanism: scalar "inflaton" field  $\varphi$  drives inflation

$$S[\varphi,g] = \int d^4x \sqrt{-g} \left[ -\frac{1}{2} \partial_\mu \varphi \partial^\mu \varphi - V(\varphi) \right], \quad \omega_\varphi = \frac{\frac{1}{2} \dot{\varphi}^2 - V(\varphi)}{\frac{1}{2} \dot{\varphi}^2 + V(\varphi)}$$

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Quantify deviation from DeSitter space (V = const.) by slow-roll parameters

$$\varepsilon_V = \frac{M_{\rm P}^2}{2} \left(\frac{V'}{V}\right)^2, \qquad \eta_V = M_{\rm P}^2 \frac{V''}{V}$$

# CMB anisotropies and perturbations



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Tiny temperature anisotropies originate from quantum fluctuations

$$\varphi(x,t) = \overline{\varphi}(t) + \delta \varphi(x,t), \qquad g_{\mu\nu}(x,t) = \overline{g}_{\mu\nu}(t) + \delta g_{\mu\nu}(x,t)$$

single field Inflation: adiabatic fluctuations with almost scale-invariant spectrum

$$\mathcal{P}_{\mathbf{s}}(k) = \mathbf{A}_{\mathbf{s}}(k_*) \left(\frac{k}{k_*}\right)^{\mathbf{n}_{\mathbf{s}}-1+\dots}, \quad \mathcal{P}_t(k) = \mathbf{A}_{\mathbf{t}}(k_*) \left(\frac{k}{k_*}\right)^{\mathbf{n}_{\mathbf{t}}+\dots}, \quad \mathbf{r} := \frac{A_{\mathbf{t}}}{A_{\mathbf{s}}}$$

# Confronting predictions with observations

Slow-roll observables only depend on the inflaton potential (V, V' and V'')

$$\begin{split} A_{\rm s} &= \frac{2}{24\pi^2 \varepsilon_V} \frac{V}{M_{\rm P}^4}, \qquad \ln \left( 10^{10} A_{\rm s} \right) = 2.975 \pm 0.056 \quad 68\% \ {\rm CL} \\ n_{\rm s} &= 1 + 2\eta_V - 6\varepsilon_V, \qquad r = 16\varepsilon_V \end{split}$$

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# Confronting predictions with observations

Main observables: primordial power spectra of scalar and tensor perturbations

$$\mathcal{P}_{\rm s}(k) =: \mathbf{A}_{\rm s}(k_*) \left(\frac{k}{k_*}\right)^{n_{\rm s}-1+\dots}, \quad \mathcal{P}_t(k) =: \mathbf{A}_{\rm t}(k_*) \left(\frac{k}{k_*}\right)^{n_{\rm t}+\dots}, \quad \mathbf{r} := \frac{A_{\rm t}}{A_{\rm s}}$$

Slow-roll inflation: observables depend on the inflaton potential V

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#### What is the fundamental nature of the inflaton field?



# Standard Model Higgs boson = inflaton

A fundamental scalar particle has been observed: the SM Higgs boson



credit: ATLAS collaboration

 $M_{
m H} = 125.09 \pm 0.24 \; {
m GeV}$ (ATLAS/CMS)

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BEH mechanism:  $\varphi$  develops nonzero vev  $v \simeq 246 \text{ GeV}$ 

# Minimal vs. non-minimal Higgs inflation

Natural approach: Higgs boson minimally coupled to gravity (SM+gravity)

$$S[g,\varphi] = \int \mathrm{d}^4x \sqrt{-g} \left[ \frac{M_{\rm P}^2}{2} R - \frac{1}{2} (\partial\varphi)^2 - V(\varphi) \right], \quad V = \frac{\lambda}{4} \left(\varphi^2 - v^2\right)^2$$

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Does not work: CMB normalization incompatible with Higgs mass

CMB: 
$$10^{-9} \simeq A_{\rm s} \propto 10^4 \lambda \Rightarrow \lambda \simeq 10^{-13}$$
, SM:  $M_{\rm H} \propto \sqrt{\lambda} v \sim 10^{-5} \text{ GeV}$ 

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Include lowest order of EFT expansion: add non-minimal coupling  $\xi$  term [Bezrukov, Shaposhnikov (2008)]

$$S[g,\varphi] = \int d^4x \sqrt{-g} \left[ U(\varphi)R - \frac{1}{2}(\partial\varphi)^2 - V(\varphi) \right], \quad U = \frac{1}{2} \left( M_{\rm P}^2 + \xi\varphi^2 \right)$$

# Tree-level Higgs inflation: Einstein frame and large $\xi$

Transformation to Einstein frame: 
$$\hat{g}_{\mu\nu} = \frac{2U}{M_{\rm P}^2}g_{\mu\nu}, \quad \left(\frac{\partial\hat{\varphi}}{\partial\varphi}\right)^2 = \frac{M_{\rm P}^2}{2U}\left(1+3\frac{U'^2}{U}\right)$$

$$\hat{S}[\hat{g},\hat{\varphi}] = \int \mathrm{d}^4 x \sqrt{-\hat{g}} \left[ \frac{M_{\mathrm{P}}^2}{2} R(\hat{g}) - \frac{1}{2} \left( \partial \hat{\varphi} \right)^2 - \hat{V} \right]$$

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Einstein frame potential  $\hat{V}$  flattens out for large field values  $\varphi \gg M_{\rm P}/\sqrt{\xi}$ 



$$\frac{\hat{V}}{M_{\rm P}^4} = \frac{V}{4U^2}$$
$$= \frac{\lambda}{4} \frac{\left(\varphi^2 - v^2\right)^2}{\left(M_{\rm P}^2 + \xi\varphi^2\right)^2} \simeq \frac{1}{4} \frac{\lambda}{\xi^2}$$

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For  $\xi \simeq 10^3 - 10^4$  and  $\lambda \simeq 0.1$  CMB and Higgs constraints can be satisfied:

$$A_{
m s} \propto rac{\lambda}{\xi^2} \simeq 10^{-9}, \qquad M_{
m H} \simeq \sqrt{\lambda} v \simeq 125 \,\, {
m GeV}$$

Inflationary observables in excellent agreement with observations

$$n_{\rm s} \simeq 0.967, \qquad r \simeq 0.003$$

Quantum contributions of heavy SM particles to effective potential important [Barvinsky, Kamenshchik, Starobinksy (2008)]

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Renormalization group flow: evaluate running couplings at  $E_{inf}$  [Bezrukov, Shaposhnikov (2009)], [De Simone, Hertzberg, Wilczek (2009)], [Barvinsky, Kamenshchik, Kiefer, Starobinksy, CS (2009)]

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 $\lambda(t)$  flows to very small values at high energies and can even become negative



# Implications of a light Higgs: status of the model

Different scenarios for positive  $\lambda$ :

- 1.) Universal:  $n_{\rm s}$ , r almost insensitive to  $M_{\rm H}$  and  $M_t$  (typically  $\xi \sim 10^3$ )
- 2.) Critical:  $n_{\rm s}$ , r very sensitive to  $M_{\rm H}$  and  $M_t$  (typically  $\xi \sim 10$ , large r)



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Electroweak vacuum becomes unstable for negative  $\lambda$ :

Tunnelling: EW vacuum metastable if lifetime  $\tau_{EW} \sim \Gamma_{\text{tunnel}}^{-1} > \tau_{\text{universe}}$ 



Instability sign of new physics or SM+gravity valid up to  $M_{\rm P}$ ?

# f(R) gravity and quantum parametrization dependence

# f(R) gravity and Starobinsky inflation

Geometrical modification of Einstein's theory — f(R) gravity:

$$S[g] = \int \mathrm{d}^4x \sqrt{-g} f(R)$$

Propagates in addition to spin-two graviton a massive spin-zero "scalaron" [Stelle (1977)]

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Same inflationary predictions as Higgs inflation for  $M_P^2/3M^2 = \lambda = \xi \simeq 10^4$ [Barvinsky, Kamenshchik and Starobinsky (2008)], [Bezrukov, Gorbunov (2012)] [Kehagias, Dizgah, Riotto (2014)]

$$n_{\rm s} = 1 - \frac{N}{2}, \qquad r = \frac{12}{N^2}$$

# Equivalence of f(R) gravity and scalar-tensor theories

Manifestation of a more general classical equivalence:  $\hat{S}^{\mathrm{EF}}[\hat{g},\hat{\varphi}] \Leftrightarrow S^{f}[g]$ 

$$\hat{S}^{\text{EF}}[\hat{g},\hat{\varphi}] = \int \mathrm{d}^4x \sqrt{-\hat{g}} \left[ \frac{M_{\text{P}}^2}{2} \hat{R} - \frac{1}{2} \left( \partial \hat{\varphi} \right)^2 - \hat{V}(\hat{\varphi}) \right]$$

$$\begin{aligned}
\hat{\varphi} \quad \hat{g}_{\mu\nu} &= \frac{f_1}{U_0} g_{\mu\nu}, \quad \hat{\varphi} &= \sqrt{\frac{3}{2}} M_{\rm P} \ln f_1, \quad \hat{V} &= \frac{M_{\rm P}^2}{4} \frac{f_1 R - f}{(f_1)^2} \quad \updownarrow \\
S^f[g] &= \int \mathrm{d}^4 x \sqrt{-g} f(R)
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$$\updownarrow \quad \hat{g}_{\mu\nu} = \frac{f_{1}}{U_{0}} g_{\mu\nu}, \quad \hat{\varphi} = \sqrt{\frac{3}{2}} M_{\text{P}} \ln f_{1}, \quad \hat{V} = \frac{M_{\text{P}}^{4}}{4} \frac{f_{1}R - f}{(f_{1})^{2}} \quad \updownarrow \\ S^{f}[g] = \int d^{4}x \sqrt{-g} f(R)$$

Does the equivalence extend to the quantum level?



Perturbative calculations in theories of gravity (on a general background) ['t Hooft and Veltman (1974)], [Christensen and Duff (1980)], [Fradkin and Tseytlin (1982)], [Avramidi and Barvinksy (1983)], [Goroff and Sagnotti (1985)], [van de Ven (1992)]

#### One-loop calculations in modified theories of gravity

One-loop divergences for a scalar-tensor theory,  $\hat{\mathcal{G}} = (\hat{R}_{\mu\nu\rho\sigma})^2 - 4(\hat{R}_{\mu\nu})^2 + \hat{R}^2$ [Barvinksy, Karmazin, Kamenshchik (1993)], [Shapiro and Takata (1995)], [Kamenshchik and CS (2011)]

$$\begin{split} \hat{\Gamma}_{1}^{\mathsf{EF}} \big|^{\mathrm{div}} &= \frac{1}{32 \, \pi^{2} \varepsilon} \int \mathrm{d}^{4} x \, \hat{g}^{1/2} \Bigg\{ -\frac{71}{60} \hat{\mathcal{G}} - \frac{43}{60} \hat{R}_{\mu\nu} \hat{R}^{\mu\nu} - \frac{1}{40} \hat{R}^{2} + \frac{1}{6} \hat{R} \hat{V}_{2} - \frac{1}{2} \left( \hat{V}_{2} \right)^{2} \\ &+ U_{0}^{-1} \left[ \frac{13}{3} \hat{R} \, \hat{V} + \frac{1}{3} \hat{R} \, \left( \partial_{\mu} \hat{\varphi} \partial^{\mu} \hat{\varphi} \right) + 2 \, \left( \hat{V}_{1} \right)^{2} + 2 \, \hat{V}_{2} \left( \partial_{\mu} \hat{\varphi} \partial^{\mu} \hat{\varphi} \right) \Bigg] \\ &- U_{0}^{-2} \left[ 5 \, \hat{V}^{2} + \hat{V} \left( \partial_{\mu} \hat{\varphi} \partial^{\mu} \hat{\varphi} \right) + \frac{5}{4} \left( \partial_{\mu} \hat{\varphi} \partial^{\mu} \hat{\varphi} \right)^{2} \right] \Bigg\} \end{split}$$

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One-loop divergences for f(R) gravity,  $(E_{\mu\nu} = f_1^{-1} \delta S^f / \delta g^{\mu\nu}, E = g^{\mu\nu} E_{\mu\nu})$ [Ruf and CS (2018a)]

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# Off-shell dependence and observables in cosmology

Comparison: off-shell quantum parametrization dependence [Ruf and CS (2018b)]

$$\begin{split} \Gamma_1^f \big|^{\text{div}} &- \Gamma_1^{\text{EF}} \big|^{\text{div}} = \frac{1}{32\pi^2 \varepsilon} \int \mathrm{d}^4 x \, g^{1/2} E_{\mu\nu} \left[ -\frac{3}{4} E^{\mu\nu} - \frac{1}{36} R^{\mu\nu} \right. \\ &+ \left( \frac{91}{108} E + \frac{53}{54} R - \frac{421}{216} \frac{f}{f_1} - \frac{1}{18} \frac{f_1}{f_2} - \frac{26}{9} \Delta \ln f_1 \right) g^{\mu\nu} \right] \neq 0 \end{split}$$

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On-shell  $(E_{\mu\nu} = E = 0)$  the equivalence is restored  $\Gamma_1^f |^{\text{div}} - \Gamma_1^{\text{EF}} |^{\text{div}} = 0$ 

Similar result for quantum equivalence between Jordan and Einstein frame [Kamenshchik and CS (2014)], [Kamenshchik and CS (2015)]

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Beta functions are derived from off-shell divergences: running couplings inherit parametrization (and gauge) dependence in naïve RG improvement

Manifest gauge and parametrization independent observables in cosmology? Geometric ("unique") effective action? [Vilkovisky (1984)], [DeWitt 1985)], [Kamenshchik and CS (2014)], [Kamenshchik and CS (2015)], [Moss (2014)], [Bounakis and Moss (2018)]

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Tighter experimental bounds on  $M_t$  and r are crucial:

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Need for unambiguous quantum observables in cosmology